

Physical Education Class Information

Teachers: Mrs. Langston & Mrs. Buck

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Kindergarten: Physical Education Class Rules

1. All Centennial students must wear tennis shoes to participate safely in physical education class. They may wear their sandals/flip-flops to school, and are allowed to change into tennis shoes during p.e. times.
2. During Instruction Time:
Eyes are watching.....Ears are listening.... Lips are closed...Hands are still....Feet are quiet!
3. Play safe.....Play fair....Be a good sport!
4. Respect yourself and others! (Do your best at all times! 😊)

Physical Education/Music..... Times/Days

10:40 – 11:30

25 minute classes for each K. class below:

Monday & Wednesday....Haas/Mahan Classes

Tuesday & Thursday.....Mavroulis/Robinson Classes

Friday.... All K. Classes

*Fridays....Mon./Wed. Classes go to P.E.....25 min.

Tues./Thurs. Classes go to Music....25 min.

Then Switch Classes

Grades

Grades are determined by nonparticipation. This involves not following the rules of physical education safely.

1-3x signing the book = S (Satisfactory)...Note home on 3x ☹️

4x signing the book = N (Need improvement) ☹️

5x signing the book = U (Unsatisfactory) ☹️

Phone Calls home can be made at anytime your child has to sign the book

Signing the book will start on Tuesday, September 6, 2011

Kindergarten Activities

Personal Space Activities

Introduction to Sports Equipment

Eye/Hand Coordination Activities

Low Organized Games

Body System Units

Safety Units

Illness Policy

Parents/Guardians: Please write us a note if your child is unable to participate in physical education class activities.

Morning Routine in Gym

If your child is not eating breakfast in the cafeteria, they will be coming to sit in the gym for D.E.A.R. (Drop Everything And Read) time. Mrs. Buck will be on duty in the gym. Please send a library book with your child each morning, so they can participate in looking at the picture book or reading with the others quietly until teachers pick them up! Thank You!