

Physical Education Class Information

Teachers: Mrs. Langston & Mrs. Buck

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1st Grade : Physical Education Class Rules

1. All Centennial students must wear tennis shoes to participate safely in physical education class. They may wear their sandals/flip-flops to school, and are allowed to change into tennis shoes during p.e. times.
2. During Instruction Time: Raise your hand to talk if you have questions! Eyes are watching.....Ears are listening.... Lips are closed...Hands are still....Feet are still!
3. Play safe.....Play fair....Be a good sport!
4. Respect yourself and others! (Do your best at all times! 😊)

How to figure out which days my child has P.E.?

1. Find your child's teacher below.
2. Find the group the teacher is listed under...A/C or B/D.
3. Listed below the times will be the dates your child need to wear or bring their tennis shoes for p.e. class.

Physical Education Schedule

50 minutes every other day

The dates for your child's p.e. classes are listed below!

A/C Groups:

8:10 – 9:00....Barnes

9:00 – 9:50....Bates/Harper/Stover

9:50 – 10:40....Fletcher/Osborne

10:40 – 11:30...Kindergarten (special schedule)

12:20 – 1:10....Davis/Johnson/Stevens

1:10 – 2:00....Cail/Reddick

B/D Group:

8:10 – 9:00....Feddersen/Lindsey

9:00 – 9:50....Cornelius/McElroy/Stover

9:50 – 10:40....Miller/Tilley

10:40 – 11:30...Kindergarten (special schedule)

12:20 – 1:10....Harrison/Shade/Stevens

1:10 – 2:00....Fletcher/Witthoun

****Mrs. Stiriling's Class will come every Monday...8:10-9:00****

Dates for P.E. Classes:

A/C Groups

September: 1, 6, 8, 12, 14, 16, 20, 22, 26, 28, 30

October: 4, 6, 10, 12, 14, 18, 24, 26, 31

November: 2, 4, 8, 10, 14, 16, 18, 22, 29

December: 1, 5, 7, 9, 13, 15, 19, 21

January: 5, 9, 11, 13, 18, 20, 24, 26, 30

February: 1, 6, 8, 10, 14, 16, 20, 22, 24, 28

March: 1, 5, 7, 9, 13, 15, 26, 28, 30

April: 3, 5, 10, 12, 16, 18, 20, 24, 26, 30

May: 2, 4, 8, 10, 14, 16, 18, 22

B/D Groups

September: 2, 7, 9, 13, 15, 19, 21, 23, 27, 29

October: 3, 5, 7, 11, 13, 17, 19, 25, 27

November: 1, 3, 7, 9, 11, 15, 17, 21, 28, 30

December: 2, 6, 8, 12, 14, 16, 20

January: 4, 6, 10, 12, 17, 19, 23, 25, 27, 31

February: 2, 7, 9, 13, 15, 17, 21, 23, 27, 29

March: 2, 6, 8, 12, 14, 16, 27, 29,

April: 2, 4, 9, 11, 13, 17, 19, 23, 25, 27

May: 1, 3, 7, 9, 11, 15, 17, 21, 23

Grades

Grades are determined by nonparticipation. This involves not following the rules of physical education safely.

1-3x signing the book = S (Satisfactory)...Note home on 3x ☹️

4x signing the book = N (Need improvement) ☹️

5x signing the book = U (Unsatisfactory) ☹️

Phone Calls home can be made at anytime your child has to sign the book

Signing the book will start on Tuesday, September 6, 2011 for grades K-1st.

Grades 2nd - 5th started the first full week of school.

K - 1st Grade- Activities

Personal Space Activities
Introduction to Sports Equipment
Eye/Hand Coordination Activities
Low Organized Games
Body System Units
Safety & Health Units

2nd – 5th Grade – Activities

Eye/Hand Coordination Activities
Organized Games/Competitions
Body System Units
Safety & Health Units

Illness Policy

Parents/Guardians: Please write us a note if your child is unable to participate in physical education class activities.

Morning Routine in Gym

If your child is not eating breakfast in the cafeteria, they will be coming to sit in the gym for D.E.A.R. (Drop Everything And Read) time. Mrs. Buck will be on duty in the gym. Please send a library book with your child each morning, so they can participate in looking at the picture book or reading with the others quietly until teachers pick them up! Thank You!